



Employment Application - Personal Trainer / Instructor

Please email as an attachment to surfsidestaff@gmail.com

First Name: _____ Last Name: _____ Date: _____

Mailing Address: _____ Apt/ Unit: _____

City: _____ State: _____ Zip: _____

Local Address: _____ Apt/ Unit: _____

City: _____ State: _____ Zip: _____

Birth Date: _____ Telephone: _____

Email Address: _____

Interested in employment in Avalon or Sea Isle location or both: _____

Social Media Handle (Instagram, Facebook, X, etc.) _____

Education

Current School & Work Status: [Grade/School/ and or Winter Job] _____

High School

Name of School: _____ City: _____ Graduation Year: _____

College

Name of School: _____ Year Graduated/Expected: _____

Years Completed: _____ Degree: _____ Major: _____

Personal Connection to Surfside Fitness: _____

Surfside Fitness is interested in hiring responsible, pleasant, honest, energetic employees that are available to work May until September with notable exceptions for school commitments. We need front desk, customer service, fitness trainers, class instructors, assistant instructors for class/boot camp set up and break down, smoothie and juice bar staff, and more. EVERY EMPLOYEE HIRED with the exception of a few class instructors must be EXTREMELY efficient in CLEANING EVERYTHING. We clean all day, every day. Please sign below that you have read and understand that cleaning is a part of every job description mentioned above and is expected as a major part of every shift.

Name: _____ Date: _____

Availability

Are you available for an In-Person Interview before May 1st: Yes or No

Are you available for a Zoom interview in the next 2 weeks? Yes or No

Your first available day of employment: _____

Your last available day to work: _____

Please initial here – the date you stated above as last available day is valid and you understand bonus pay is withheld until this date is complete. _____

**It's important to Surfside that you are available to work as late into the season as possible. Our summer season is Memorial Day to Labor Day.*

List any schedule conflicts or dates you are unavailable:

List any other jobs or responsibilities this summer:

If you have a fitness certification please answer the following questions that apply to you/your experience.

Fitness Certifications and Dates Certified: _____

Current/Previous Personal Training Experience: _____

Typical Personal Training Clients: _____

Classes Interested / Qualified to Teach: _____

Current/Previous Class Instructor Experience: _____

Payroll or Independent Contractor if relevant: _____

[All trainers/instructors are paid as employees unless proper fitness certification, proof of business, and additional insured certificate is supplied.]

Additional Class Descriptions/ Personal Training Clients/ Specialty Areas/ Notes if needed:

Have you ever worked in Sea Isle City and/or Avalon NJ before? If so, where?

Employment History

Present or Most Recent Employer

Company Name: _____ Employers Phone #: _____

Address: _____ City/ State: _____ Salary: _____

Job Title: _____ Employed From: _____ to _____

Job Duties

Reasons for Leaving:

May we contact this employer? _____

Additional Employment History

Company Name: _____ Employers Phone #: _____

Address: _____ City/State: _____ Salary: _____

Job Title: _____ Employed From: _____ to _____

Job Duties:

Reasons for Leaving:

May we contact this employer? _____

References: Please list 3 employer references or 3 personal references if this is your first job.

Name	Relationship / Phone Number

Name	Relationship / Phone Number

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